

# The moms**AWARE** Pest-Punching Printout

## 1. All-Purpose Pesticide Powder

- ❖ 1/2 c. bay leaves
- ❖ 1/2 c. peppermint leaves
- ❖ 1 1/2 tsp. each citrus peel, garlic powder, diatomaceous earth, cayenne pepper, pyrethrum, salt

Grind the ingredients into a powder using a blender or mortar and pestle. Dust along affected areas.

## 2. Homemade Ant Trap

- ❖ 1 tbsp. hot water
- ❖ 1 tbsp. honey or sugar
- ❖ 1/2 tsp. borax

Place the ingredients in a small glass jar and shake to mix. Soak a cotton ball in the mixture, slightly squeeze out the excess liquid, and put the cotton ball on a small lid. Place the ant trap where you see the most ants. After the ants have disappeared, discard the cotton ball and keep the lid for reuse.



## 3. Neem Oil Insecticide

- ❖ 1 qt. warm water
- ❖ 2 tsp. dishwashing liquid
- ❖ 5 tsp. neem oil

Mix water and dishwashing liquid. Slowly add the neem oil while stirring the mixture vigorously. Don't prepare more of the neem oil insecticide than you'll need, as it will lose its potency if stored. (1 oz. neem oil mixed with 10 oz. coconut oil makes an excellent mosquito repellent!)

## 4. All-Purpose Onion/Garlic/Cayenne Spray

- ❖ 1 garlic bulb, chopped or ground
- ❖ 1 small onion, chopped or ground
- ❖ 1 tbsp. cayenne pepper
- ❖ 1 qt. boiling water
- ❖ 1 tbsp. liquid castile soap

Mix garlic, onion, cayenne pepper and water; add liquid soap. Shake and pour into spray bottle. Freeze for long-term storage.

## 5. Apple Cider Vinegar Jar

Pour an inch or so of apple cider vinegar into the bottom of a wide-mouth jar. Make a funnel with a sheet of white paper with a 3/4-inch hole on the bottom. The bottom should not touch the vinegar. Place the funnel into the jar and tape edges to secure the funnel to the jar. Effective against fruit flies and gnats.



## 6. Peppermint All-Purpose Castile Soap Spray

- ❖ 1 tbsp. liquid castile soap
- ❖ 5-10 drops peppermint essential oil
- ❖ 1/2 gallon water

Combine and fill spray bottle. Spray along baseboards, doorways, or other areas. The spray can be effective for flies, ants, fleas, and mice.

## 7. Homemade Mothballs



- ❖ Lavender essential oil
- ❖ Cedar oil
- ❖ Organic cotton balls
- ❖ Fabric square
- ❖ String

Dip cotton balls in essential oil blend until saturated. Allow cotton balls to sit overnight to absorb the oil. Wrap cotton balls in a fabric square and tie with string. Hang sachets in closet or other areas around the home.

## 8. Cockroach Bait

- ❖ 4 tbsp. borax or diatomaceous earth
- ❖ 2 tbsp. flour
- ❖ 1 tbsp. cocoa

Combine and put in jar lids. Place them under refrigerator, in cabinets, or anywhere else needed. If using borax, keep away from children and pets.